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— the —
**RELATIONSHIP
PROJECT**

GREEK ORTHODOX METROPOLIS OF SAN FRANCISCO
INITIATIVE ON TEEN MENTAL HEALTH AND WELLNESS
IN COLLABORATION WITH FAITHTREE RESOURCES

Who could have imagined that 2020 would have changed our world so much? It feels surreal. With all these changes and challenges, our teens have been affected the most. This is a time in their lives when connection with others is so important, and the isolation brought on by the pandemic has been devastating.

But, we have a solution!

If you are a teenager or young adult, this is for you!

The Metropolis of San Francisco has gifted this program to each parish in our Metropolis. Faithtree Resources developed *The Relationship Project*, a six-month program divided into three areas - Understanding Identity, Understanding Intimacy, and Understanding Mental Health. The Metropolis Family Wellness Ministry will support the implementation of this life-changing program.

Check with your priest for the schedule of when the program will begin at your parish and for more details to connect you to this incredible opportunity!



METROPOLIS FAMILY
WELLNESS MINISTRY



What is Faithtree Resources?

Faithtree Resources is a nonprofit organization that works with dozens of Pan-Orthodox hierarchs, clergy, professionals and faithful to create uniquely Orthodox resources to supplement parish ministry. Faithtree specializes in articulating the fullness of the Orthodox Christian Tradition in a language people can understand and apply. The materials inspire dialogue and relationship building in the context of small groups. Through this work, we help people grow in the Faith, grow closer to each other, and grow closer to God.

Read more about how you can participate in [The Relationship Project](#), and learn about this and other programs developed by [Faithtree Resources](#).